

# MANDALA SCHOOL NEWSLETTER: QUARANTINE EDITION

VOLUME XII

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ISSUE XX

On Monday at 8:30 school began on time with Morning Meeting but not in a normal way. We were online as Digital Mandala.

Throughout the week our goal was to get everyone connected and comfortable with this new way of communicating. We still have some glitches yet we are pleased with how everyone is cooperating, being positive, and keeping the learning going.

Problems push creativity and bring new talents forward. We have students helping to explain technology use as well as academics to each other. The kindness and care we are so used to is shining through. Well done, Mandalians!

- drawing - building - flying drones - climbing trees -

- writing - yoga - problem solving - research - play -



going for walks - tracking COVID-19 - cartography

## Journaling

Reflection can be a powerful tool for children & adults, especially during times of change. By taking the time to write down your thoughts from the day, observations, or emotions, you allow yourself the chance for some clarity.

You can be mindful of negative behaviors or frustrations and more grateful for the small blessings throughout your day. You will notice that once you start writing, you have a lot more to say than you anticipated!

For these reasons, we are encouraging Mandala students to journal everyday for at least 15 minutes! Not only will they practice their writing skills, but they will learn to contemplate their own actions and thoughts, an art that often takes a long time to develop. We have made it through five days of virtual Mandala, how did you manage?

Students & teachers showed off their hats during morning meeting today! We discussed creativity this week and what the students have done to

stay creative!

The youngest students are wrapping up Ancient Egypt after about a five-week study! Below you will see Graham's map (top) and Sachin's map (bottom). Their next challenge is to create a 3D pyramid with materials they have in their homes!

On Tuesday we will begin our new unit! What could it be?

## Daily Schedule

8:30 - 9:00 AM Morning Meeting (Hangouts)

9:00-9:45 First class

9:45 break/snack

10:00-10:45 Second Class

10:45-11:30 Third Class

11:30-12:00 Lunch\*

12:00-12:45 Rec (go outside, play, build!)

12:45-2:00 Productivity

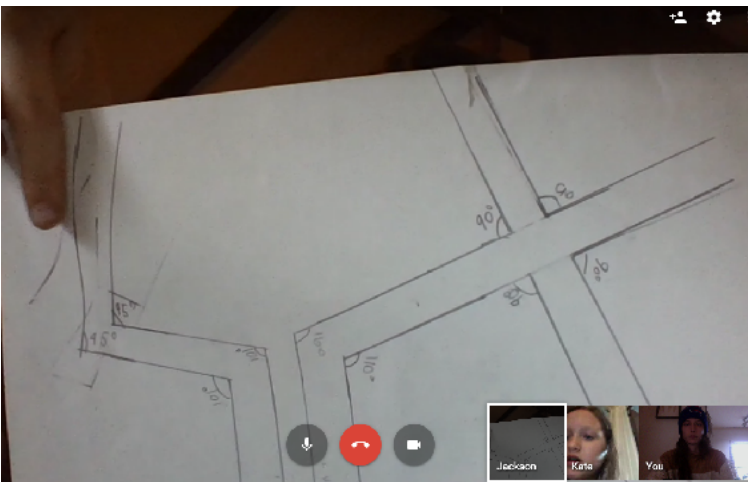
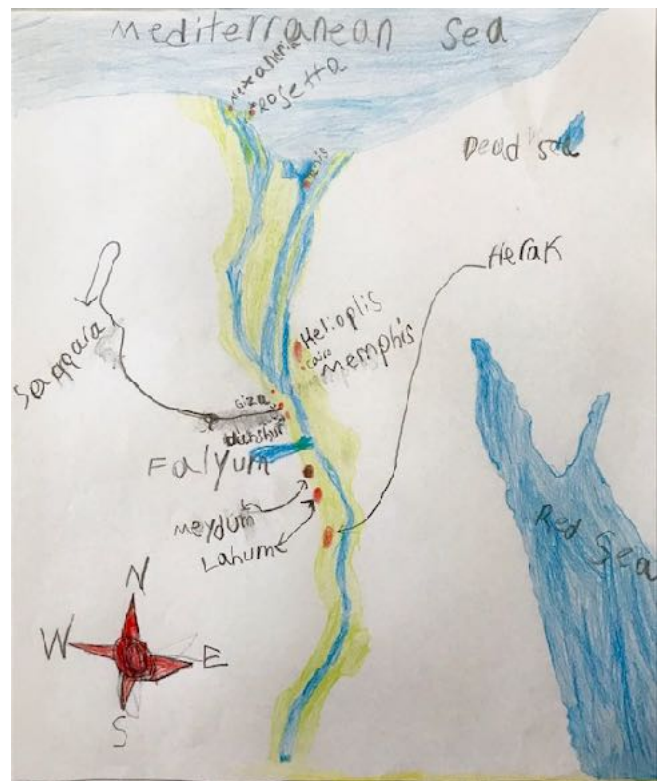
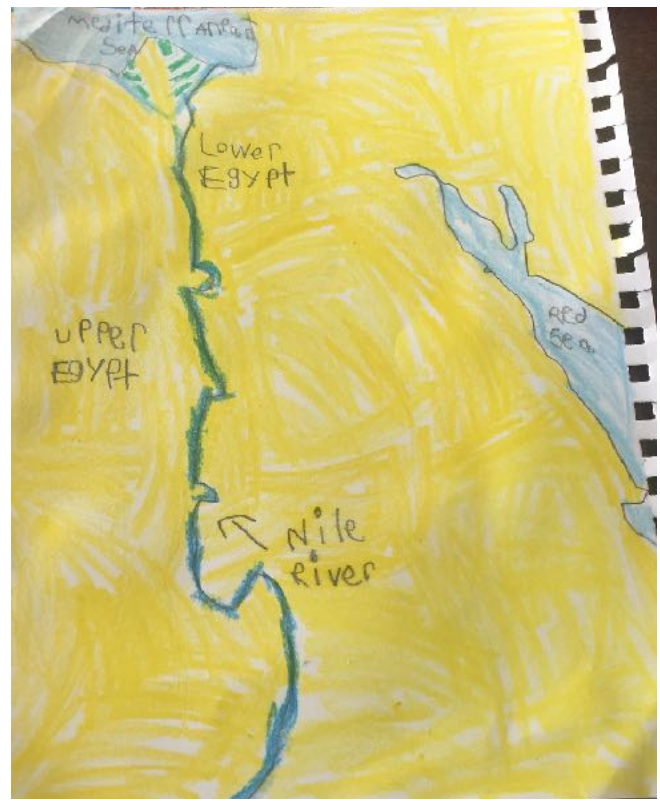
2:00 - 2:15 Chores (that's right kids... help your parents clean up!)

\*We will eat lunch together using "Hangouts" on Mondays, Wednesdays, and Fridays!

Following this isn't mandatory, but it may help you keep up with school work and follow a "normal" routine.

Teachers will email the **student accounts** if they need to have a special meeting or class session.

This will all get easier with time & practice. We are here for you if you need anything we are just an email, call, or text away!



Jackson and Kate are quickly becoming masters of all things angles. Today they began working on a design project. They are creating a map using various types of angles, triangles, and intersecting lines (roads). Precision is key! Check out Jackson's (left), he was explaining how he will construct a town map during their virtual math class today!